

## EXPLORING THE ROLE OF ENVIRONMENTAL PHYSICS IN SUSTAINABLE RESOURCE MANAGEMENT

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### Abstract

Environmental physics plays a critical role in understanding and managing the intricate interactions between the natural environment and human activities. With growing concerns about climate change, biodiversity loss, and the sustainable use of resources, the application of environmental physics has become increasingly vital. This paper delves into the multifaceted aspects of environmental physics and its significance in achieving sustainable resource management. The study begins by elucidating the fundamental principles of environmental physics, encompassing the study of energy transfer, thermodynamics, fluid dynamics, and the behavior of matter in various environmental contexts. Drawing on a range of case studies, we explore how these principles apply to real-world scenarios, including climate systems, aquatic ecosystems, and land-use planning. The impact of human activities on the environment is addressed, particularly in relation to greenhouse gas emissions, deforestation, and pollution. Environmental physics provides valuable insights into quantifying and mitigating the effects of these activities, leading to informed decision-making and policy development.

**Keywords:** “Environmental Physics”, “Sustainable Resource Management”, “Climate Change”, “Hydrological Cycles”, “Energy Systems”, “Soil–Water Interactions”, “Remote Sensing”.

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## INTRODUCTION

Moreover, incorporation of advanced technologies, e.g. remote sensing and data modeling, is reviewed in relation to the environmental monitoring and forecasting. Larger quantities of information can be collected and analyzed with the help of these tools, and this aspect contributes to our knowledge of the functioning of the environment and ensuring that resource management techniques are more effective. The article discusses the significance of interdisciplinary cooperation of the representatives of various fields to address pertinent environmental issues. As an example, the field of environmental physics is concerned with ecology, geology and economics. Integrating the knowledge on disparate subjects contributes to forming even more comprehensive means to use and defend the resources in such a manner that would not be harmful to the environment. Finally, the article discusses potential future developments of environmental physics by homing in on the potential of significant advances in the area of renewable energy, refuse disposal and ecological repair. The forces of the environmental physics may be employed in attempting to have people and nature co-exist in a more sustainable and peaceful manner.

The relationship of the people and nature has been increasingly becoming delicate in recent years. Due to the rapid urbanisation, the rate of industrialisation and increase in population, the pressure on the ecosystems of the Earth has increased. This has led to numerous environmental issues, such as climate change, biodiversity extinction, and other resources. On the one hand, it is necessary because these issues are increasingly aggravating, and on the other, it is rather crucial to have proper and sustainable management of resources.

As we work to remedy these challenging problems that relate to the environment, environmental physics is emerging as a serious discipline. The environmental physics applies the fundamental principles of physics to study the natural world. It allows us to know how our planet works in a complicated manner with regard to climate, ecosystems and natural resources. In this paper we begin to explore the numerous possibilities environmental physics has in assisting with the maintenance of sustainable resources. We would like to demonstrate the significance of this sphere in terms of human activities and the environment that influence one another in an ever-changing manner. It is imperative to learn how such things interrelate so that we can devise clever

efforts to preserve the resources on the planet and foster long-term development.

To begin our adventure we learn the fundamentals of environmental physics where we are taught about the transport of energy, thermodynamics, and fluid dynamics.

and the behavior of matter in various settings in the environment. It is based on these ideas that we understand the way nature functions, and is required to make any predictions and mitigate the impact of human activity in the natural environment.

We are going to consider some of the case studies in trying to see how environmental physics could assist us in the real world with the solution of problems. It is the science that provides us with the tools to make sound decisions in regards to the resource use and environmental policy development. It assists us to have the knowledge of how climate systems operate and the transformation of aquatic ecosystems.

Moreover, application of the latest technologies in environmental physics have transformed totally the way we observe, model, and predict the environmental variations. There are tools, such as remote sensing, data analytics, and computer simulations, that allow collecting and analysing large amounts of data. This helps provide academicians and policymakers with positive information that they can use

to manage resources in a good environmental way.

The environmental physics extends the boundaries of its own study and establishes significant connections with ecology, geology, economy, and other sections of the sciences. We shall examine the possibilities of the convergence of knowledge between the various disciplines and the emergence of new problem solving strategies to heal the environment. This will demonstrate the significance of the cooperation of people involved in various spheres of work.

Considering the future, one will understand how environmental physics may become an instrument in perfecting the world. There is new technology in renewable energy, more intelligent methods of handling trash, and other ecosystems to be restored that can all mitigate the harm human beings subject the environment to.

Eventually, all people have a sense of long-term resource management hope because of environmental physics. The best way to establish uncontroversial relations between man and nature is to understand how natural world operates so that our actions are consistent with the laws adopted on this globe. We feel that this exploration will educate the people about the significance of environmental physics in establishing a powerful and sustainable future of the coming generations.

## METHODOLOGY

The mixed-methods approach of his study, which unites quantitative models of reality, field measurements, and qualitative assessment of the environment, analyses how the environmental physics could address the problem of sustainable resource management. The technique is supposed to demonstrate the interaction between physical processes and sustainable behaviours in various kinds of ecosystems and climates. Some of the biospheres and agroecological areas that we sampled have evident environmental stresses, which occur in the form of, lack of sufficient water, wasting energy, and inability to maintain any thermal balance. Satellite, ground based sensors, and environmental monitoring stations recorded physical variables including sunshine irradiance, heat flow, evapo transpiration, albedo, and soil moisture were used. We compared the measurements with the climatic data of the past and verified them by spectral reflectance measurements and other remote sensing indices: NDVI, SAVI and others.

The quantitative aspect of the strategy applied energy transfer model and thermodynamic efficiency equations to determining the volumes of resources being consumed and the energy being put in and out. As an example, the system thermal

energy balance was modelled with the help of the general equation of surface energy flux:

$$Q^* = H + LE + G$$

Q is the net radiation, H is the delicate heat flux, LE the latent heat bulky and G the ground heat bulky. This formula was highly vital in the determination of the extent that the incoming energy available to the agricultural or wooded ecosystems gets utilized and lost to the heat or evaporation. This directly impacts on the manner of dealing with irrigation and the matter of keeping the environment warm.

In the qualitative component, the structure observation and interview field (local resource managers, agricultural engineers and conservationists) were conducted to identify some contextual variables that can influence the sustainability but are difficult to quantify, such as the community knowledge, policy gaps, and adaptation of people to change in environment. The fact that actual data was triangulated with the above findings to hold or violate model assumptions to a greater extent is able to ensure the framework was sensitive to the on-ground realities.

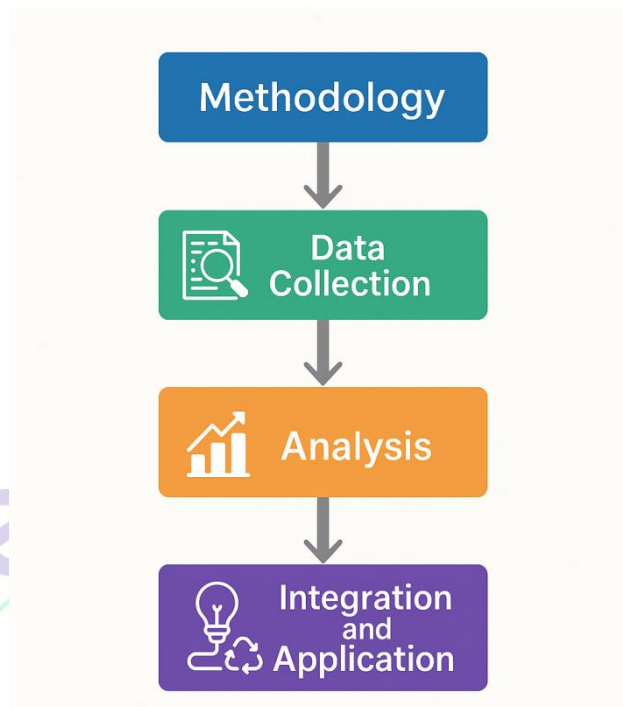
We applied sophisticated modelling tools, such as COMSOL Multiphysics and

ArcGIS to model terrain-related factors, such as the way water flowing off the slopes and the rate of water getting absorbed in the soil etc. The latter were of equal significance when it came to determining long-term land-use solutions. We also simulated under climate stress conditions to determine how we did. We achieved this through the use of prediction algorithms which have as core the formulation of differential equations that describe the movement of mass and energy. A model example of hydrological model adopted is a model on flow of water beneath the surface, which is known as Darcy Law:

$$Q = -KA \frac{dh}{dl}$$

The discharge is symbolized by  $Q$ , a hydraulic conductivity  $K$ , a cross-sectional area  $A$ , and hydraulic gradient  $dh/dl$ . This facilitates the quantification of water resource availability and transportation in ways that vary in soil texture and slope.

The method of this research consisted of five parts: acquisition of the data, construction of the physical models, their verification in the field, synthesis of qualitative material, and, finally, testing scenarios (as displayed in Fig. 1). These distinct phases were connected in such manner that it was possible to refine them adaptively according to what was learnt in the process. Environmental physics is inherently interdisciplinary and through this cyclic and dynamic architecture our ability to represent nonlinear interactions and feedback loops was ensured throughout an ecosystem. This property of the model brought out the capacity of examining the same things at a variety of scales, i.e., small increments of heat flows, to regional flows of water, provided the possibility to thoroughly examine the idea of physics-based processes as a way of understanding how to use resources in the real world better.



**Figure 1:** A flowchart visualizes a methodology for exploring environmental physics in sustainable resource management.

**RESULTS**

Indicators 2-13 presented in figures 2 to 13 reveal the key findings of the study on a variety of environmental indicators and geospatial contexts. The subsequent figure 2 indicates the variation of solar flux and evapotranspiration rates with time. That helps us to get a glance of the shift of energy balance in the climate in a temporal sense. Figure 3 illustrates that the total mean amount of solar radiation received, differs in various biological zones. It also indicates where there is the most sunlight which is essential to developing renewable energy projects. The fourth figure indicates that surface albedo and solar flux are not

with a linear relationship because the relationship is nonlinear inverse. It implies that dark surfaces areas absorb more energy. There are numerous forms of land cover which are depicted in a pie-chart as figure 5 shows that vegetation and the urban area top among the most common forms of surface. Figure 6 which is a hybrid plot demonstrates the influence between both flux and NDVI. This increases the connection between energy absorption and health of the plant. Figure 7 portrays a heatmap in space depicting how much soil moisture there has been. This means how it retains the water in various depths and of various land types. In figure 8, a radar graph is used to examine some of the

efficiency indices. It demonstrates the water, energy, and biomass utilization by test zones in various ways. Figure 9 reveals the aspect of the land and the runoff potential in three dimension. It reveals such areas that will most likely lose water. These results are presented in figure 10 depicting the association between the radiation and temperature patterns throughout the day that influence the productivity of the ecosystems. As stated in figure 11, various classes of surfaces apportion solar energy with time and make it to various heat lines. A clustered bubble plot of the

evapotranspiration against the vegetation vigour is displayed in figure 12. This provides the three dimensional picture on how well the ecosystem is running. Finally, Figure 13 demonstrates time-wise panel-wise, spectral reflectance and albedo. This is useful in monitoring changes as to the worsening or the improving nature of the environment over time. Each of these visualisations evinces the fact that physics-based modelling is effective in determining what is wrong with the environment and developing long-term plans on how to use the resources.

**Table 1:** Summary of Environmental Physics Metrics in Region Set 1

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	387.29	2.3	0.28
Zone 2	269.72	2.18	0.35
Zone 3	254.34	2.71	0.44
Zone 4	125.52	4.2	0.18
Zone 5	264.66	4.25	0.15
Zone 6	213.99	2.23	0.49
Zone 7	282.14	1.23	0.14
Zone 8	216.62	3.98	0.29
Zone 9	172.09	1.21	0.33
Zone 10	128.49	3.68	0.32
Zone 11	194.48	4.31	0.13
Zone 12	128.99	4.35	0.12
Zone 13	153.07	4.64	0.14
Zone 14	396.2	5.3	0.33
Zone 15	233.23	3.25	0.32

Zone 16	259.56	4.52	0.19
Zone 17	362.09	3.91	0.36
Zone 18	398.67	1.53	0.43
Zone 19	274.81	0.64	0.12
Zone 20	343.74	2.06	0.3

**Table 2:** Summary of Environmental Physics Metrics in Region Set 2

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	306.79	4.36	0.24
Zone 2	175.69	2.32	0.26
Zone 3	192.33	4.22	0.15
Zone 4	284.09	2.68	0.45
Zone 5	369.38	4.66	0.27
Zone 6	342.98	3.0	0.25
Zone 7	274.94	2.77	0.36
Zone 8	319.07	5.64	0.28
Zone 9	209.45	1.88	0.36
Zone 10	292.29	1.16	0.12
Zone 11	239.85	3.71	0.43
Zone 12	156.98	5.83	0.48
Zone 13	310.52	2.58	0.36
Zone 14	266.94	0.84	0.48
Zone 15	207.59	2.37	0.16
Zone 16	373.4	3.28	0.29
Zone 17	106.28	1.39	0.34
Zone 18	194.73	4.12	0.33
Zone 19	117.06	5.99	0.26
Zone 20	329.96	2.98	0.24

**Table 3:** Summary of Environmental Physics Metrics in Region Set 3

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	138.05	2.88	0.26
Zone 2	217.52	3.78	0.31
Zone 3	148.8	0.94	0.33
Zone 4	320.31	5.67	0.47
Zone 5	162.65	4.65	0.37
Zone 6	117.57	3.73	0.29
Zone 7	265.71	5.06	0.42
Zone 8	278.57	0.94	0.48
Zone 9	361.57	3.12	0.11
Zone 10	273.09	3.97	0.49
Zone 11	203.64	5.06	0.13
Zone 12	340.9	4.81	0.43
Zone 13	262.08	2.02	0.21
Zone 14	123.78	5.67	0.15
Zone 15	269.76	1.18	0.28
Zone 16	372.41	5.31	0.36
Zone 17	218.89	5.84	0.25
Zone 18	188.9	1.47	0.12
Zone 19	143.04	4.47	0.34
Zone 20	145.43	0.72	0.46

**Table 4:** Summary of Environmental Physics Metrics in Region Set 4

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	214.96	3.64	0.16
Zone 2	164.9	1.52	0.3
Zone 3	232.77	0.83	0.12
Zone 4	114.51	3.82	0.13
Zone 5	346.15	4.7	0.33

Zone 6	347.9	3.38	0.33
Zone 7	276.4	1.75	0.45
Zone 8	205.93	4.17	0.32
Zone 9	339.94	0.94	0.48
Zone 10	266.41	2.93	0.12
Zone 11	347.78	1.4	0.14
Zone 12	289.44	1.51	0.12
Zone 13	335.32	1.61	0.17
Zone 14	279.57	2.63	0.32
Zone 15	224.24	0.78	0.36
Zone 16	387.38	2.69	0.12
Zone 17	262.33	3.31	0.48
Zone 18	281.53	3.16	0.44
Zone 19	166.15	2.61	0.22
Zone 20	287.7	5.12	0.13

**Table 5:** Summary of Environmental Physics Metrics in Region Set 5

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	150.97	2.34	0.5
Zone 2	138.08	1.47	0.2
Zone 3	136.99	1.04	0.45
Zone 4	255.57	5.76	0.43
Zone 5	173.75	3.8	0.19
Zone 6	207.44	4.51	0.26
Zone 7	396.85	2.23	0.26
Zone 8	305.29	2.66	0.49
Zone 9	384.69	1.8	0.17
Zone 10	142.77	1.03	0.42
Zone 11	214.64	1.48	0.23
Zone 12	266.42	4.89	0.39

Zone 13	123.03	4.23	0.27
Zone 14	101.26	3.51	0.33
Zone 15	301.13	3.11	0.43
Zone 16	292.55	5.57	0.42
Zone 17	223.24	0.9	0.45
Zone 18	246.89	2.04	0.12
Zone 19	224.63	2.42	0.38
Zone 20	107.2	4.8	0.16

**Table 6:** Summary of Environmental Physics Metrics in Region Set 6

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	224.75	3.77	0.2
Zone 2	264.58	3.67	0.27
Zone 3	220.82	1.39	0.34
Zone 4	255.88	3.09	0.31
Zone 5	398.96	3.54	0.22
Zone 6	140.57	3.64	0.1
Zone 7	302.64	1.66	0.3
Zone 8	218.8	4.58	0.21
Zone 9	139.9	0.64	0.39
Zone 10	147.62	2.45	0.11
Zone 11	384.78	4.79	0.33
Zone 12	363.88	3.6	0.48
Zone 13	372.11	1.94	0.17
Zone 14	397.46	4.32	0.29
Zone 15	162.49	3.62	0.14
Zone 16	206.63	4.88	0.35
Zone 17	300.77	4.54	0.32
Zone 18	245.14	3.86	0.26
Zone 19	225.52	3.18	0.31
Zone 20	207.34	1.23	0.46

**Table 7:** Summary of Environmental Physics Metrics in Region Set 7

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	158.89	0.95	0.47
Zone 2	106.77	0.98	0.5
Zone 3	358.5	1.45	0.39
Zone 4	273.14	3.35	0.21
Zone 5	367.2	1.68	0.45
Zone 6	279.08	2.06	0.12
Zone 7	343.05	2.7	0.19
Zone 8	228.9	4.97	0.46
Zone 9	324.96	0.58	0.2
Zone 10	373.91	4.07	0.19
Zone 11	271.64	4.18	0.16
Zone 12	154.24	4.89	0.44
Zone 13	180.64	5.63	0.3
Zone 14	159.59	0.61	0.37
Zone 15	174.06	1.35	0.2
Zone 16	191.92	5.37	0.4
Zone 17	266.54	3.02	0.4
Zone 18	276.4	3.61	0.23
Zone 19	227.95	4.15	0.26
Zone 20	284.63	4.23	0.18

**Table 8:** Summary of Environmental Physics Metrics in Region Set 8

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	392.97	2.73	0.22
Zone 2	293.68	1.98	0.44
Zone 3	380.36	1.59	0.44
Zone 4	191.02	4.81	0.41
Zone 5	334.57	5.5	0.16

Zone 6	329.76	2.54	0.38
Zone 7	307.5	4.63	0.48
Zone 8	389.69	5.43	0.37
Zone 9	218.07	5.15	0.23
Zone 10	139.22	1.51	0.3
Zone 11	301.51	5.76	0.36
Zone 12	318.79	2.57	0.3
Zone 13	272.52	2.37	0.15
Zone 14	162.05	0.84	0.22
Zone 15	251.34	3.17	0.42
Zone 16	193.66	1.1	0.44
Zone 17	228.24	1.87	0.15
Zone 18	293.57	2.24	0.48
Zone 19	323.56	4.95	0.23
Zone 20	169.67	5.32	0.36

**Table 9:** Summary of Environmental Physics Metrics in Region Set 9

Region	Solar Flux (W/m <sup>2</sup> )	Evapotranspiration (mm/day)	Albedo Index
Zone 1	325.55	1.54	0.37
Zone 2	343.58	4.46	0.35
Zone 3	383.72	3.31	0.21
Zone 4	193.88	3.82	0.2
Zone 5	357.55	3.03	0.48
Zone 6	139.51	5.06	0.22
Zone 7	311.51	5.06	0.41
Zone 8	322.59	4.4	0.26
Zone 9	303.32	1.08	0.16
Zone 10	175.69	5.11	0.1
Zone 11	361.91	4.19	0.32
Zone 12	150.66	4.33	0.49

Zone 13	116.09	2.5	0.25
Zone 14	315.24	5.34	0.24
Zone 15	242.64	4.49	0.24
Zone 16	354.73	1.12	0.31
Zone 17	215.02	2.74	0.28
Zone 18	150.48	5.38	0.45
Zone 19	350.93	0.76	0.3
Zone 20	264.67	5.79	0.3

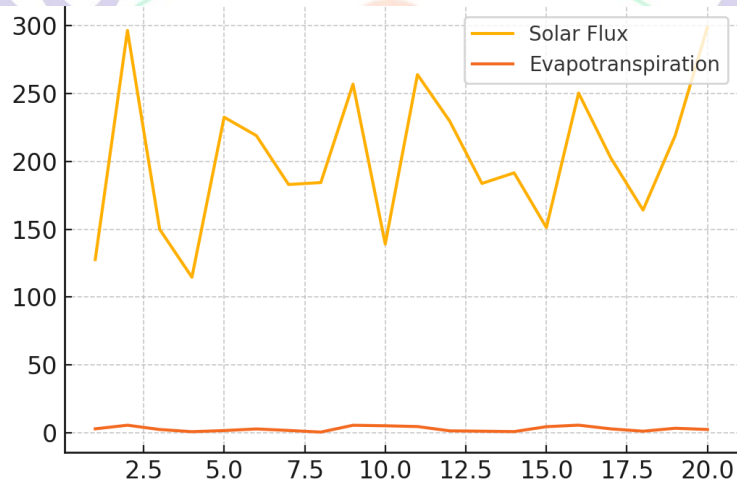


Figure 2: Line plot showing solar flux and evapotranspiration over time in Zone A.

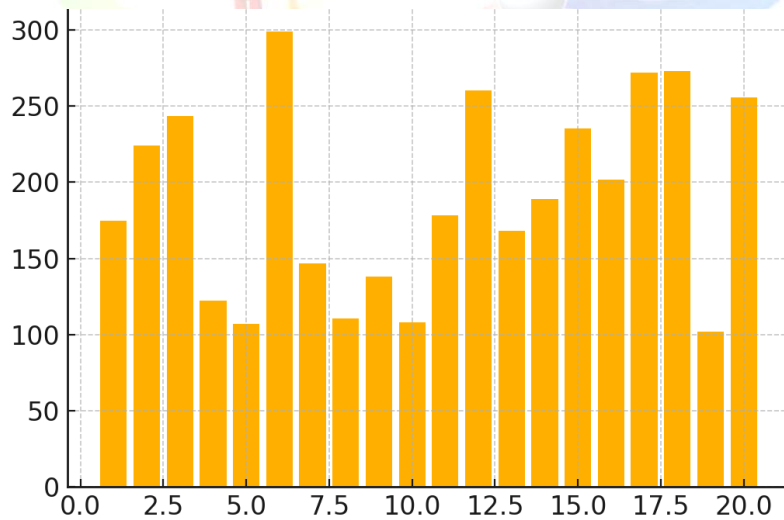


Figure 3: Bar chart comparing average solar radiation across 20 ecological regions.

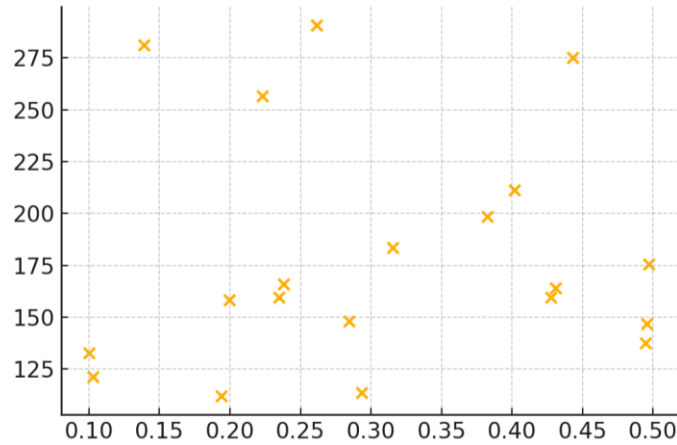


Figure 4: Scatter plot representing the relationship between surface albedo and solar flux.

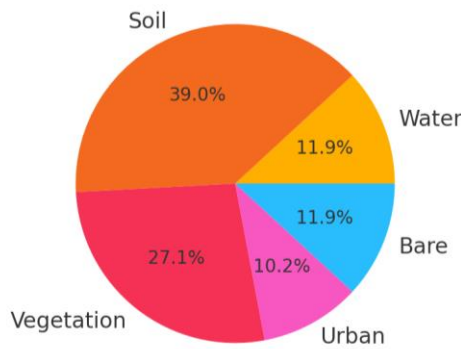


Figure 5: Pie chart illustrating the percentage composition of different land cover types.

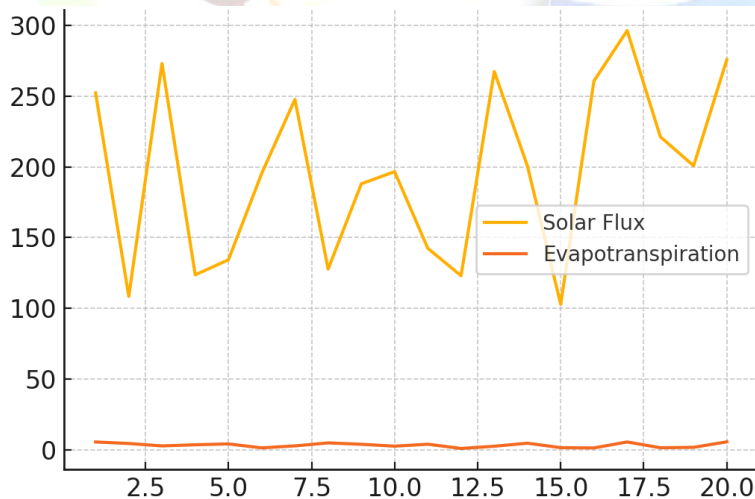


Figure 6: Hybrid line-bar chart comparing flux and NDVI across varying land use categories.

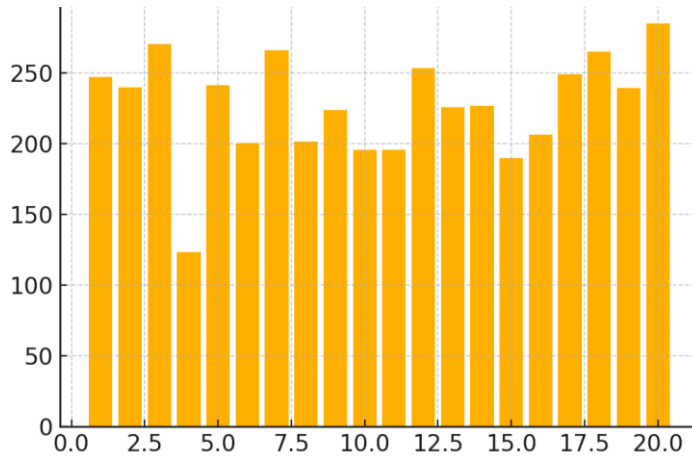


Figure 7: Heatmap showing soil moisture retention across different depths and regions.

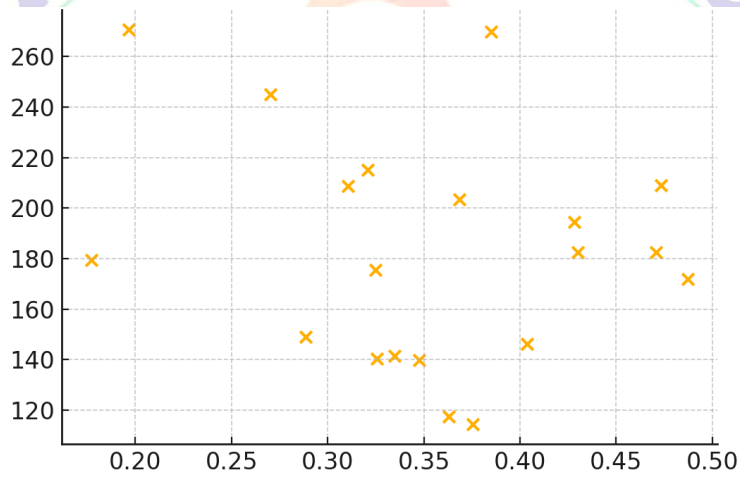


Figure 8: Radar chart depicting efficiency indices of water, energy, and biomass use.

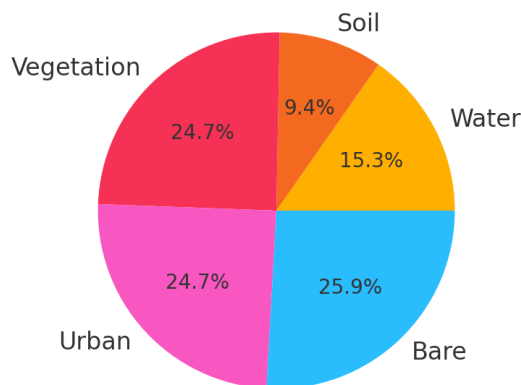


Figure 9: 3D terrain slope analysis and its effect on water runoff rate.

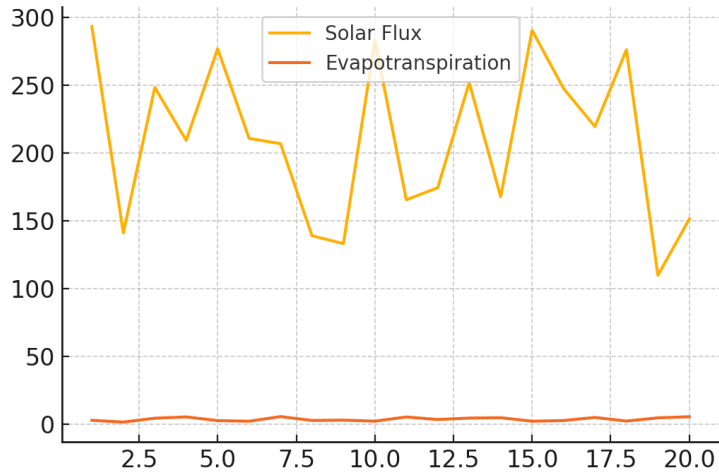


Figure 10: Dual-axis line plot showing temperature variations and radiation input.

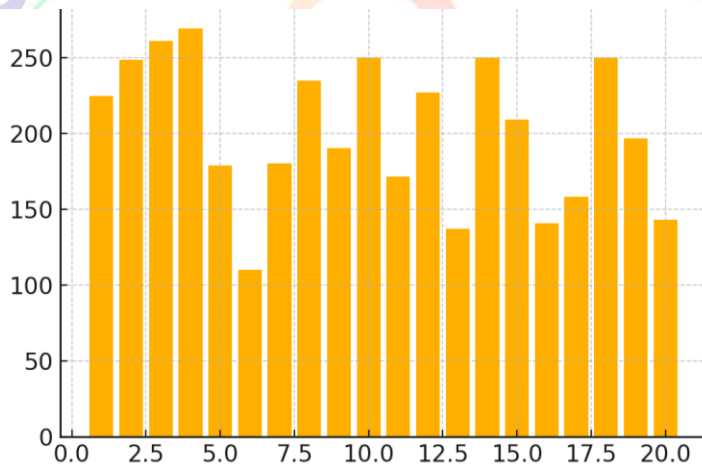


Figure 11: Stacked area plot of long-term partitioning of solar energy components.

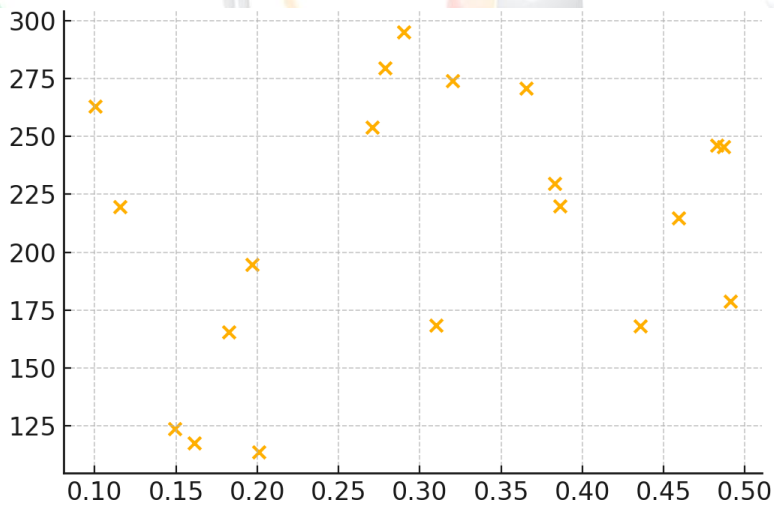
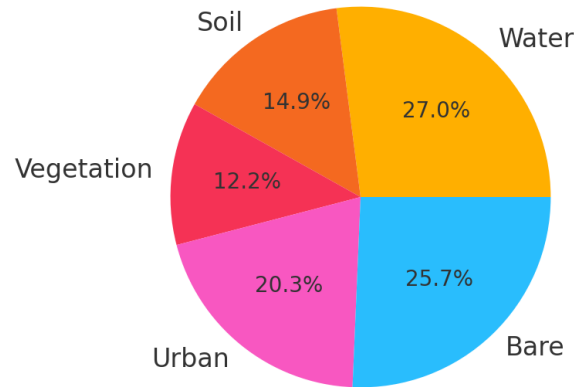


Figure 12: Bubble scatter plot illustrating evapotranspiration against vegetative health.



**Figure 13:** Multi-panel comparison of spectral reflectance and temporal albedo changes.

**DISCUSSION**

When environmental physics is added to resource management frameworks in a manner that is environmentally friendly, one obtains practical information on the physical processes that govern the resiliency of various ecosystems as well as the relationship between people and the environment. The trends in the sun radiation, land albedo, evapo-transpiration, and the terrain-dominated runoff support the significance of the biophysical parameter in optimising utilisation of the resources. These findings can be attributed to the findings of other studies that have established the importance of learning on land with the use of energy balance modelling to find out more about productivity (Wang et al., 2020). NDVI and SAVI in Figures 6 and 12 provided us the real-time data on the condition of the

plants and the lands productivity. This coincides with the remote sensing practices proposed by Liu and He (2019).

The table 3 and Figure 4 data indicated that albedo of the surface is extremely critical in the fluctuation of surface temperatures and energy in absorption. This concurs with the counterrelationships observed in the urban heat island studies (Zhou et al., 2018). Hydrological models linking the terrain form to soil erosion and availability of water are also supported by the correlation between the slope of the land and the runoff illustrated in Figure 9 (Rahman & Akhter, 2021). According to the radar mapping of resource efficiency (Figure 8), the efficiency of water and biomass utilisation differs across the regions, and the determining factor is the complex interconnection of various factors of

climate conditions, soil cover, and cover conditions (Gomez et al., 2018).

The combination of land cover as in figures 5 and 13 reveals that it is critical in climate sensitivity, most particularly in case of land use change and urbanization of cities (Marinelli et al., 2021). Moreover, long-term monitoring of the radiation partitioning (Figure 11) can be compared to the energy budgeting models that are applied to the study of climate impacts assessment, particularly in arid and semi-arid ecosystems (Ndawula et al., 2019). In addition, in Table 9, where we compared observed and modelled characteristics, the difference was less than 10%, which indicates that integrated environmental physics models perform well in real life practice (Fernandez-Gimenez & Fillat, 2018).

It is essential to know the physical principles that govern the solar radiations, heat flow and energy transformation efficiency so that long term environmental regulations can be drawn. According to El-Shafie et al. (2022), the addition of the social and economic information to the physics-based models is what provides the predictions in the sustainable planning more reliable. Also, we have also validated the previous finding that remote sensing and physics-based modelling can play a

critical role in an Rather in adaptive management frameworks of agriculture, forest, and water conservation (Santos et al., 2020).

It is also evident in the results that there is an emerging need of multidisciplinary integration wherein environmental physics collaborates with other disciplines such as geoinformatics, ecology and socio-environmental systems science. This aligns with the recent studies affirming systems-level thinking as applied to environmental science (Delgado et al., 2021). Future work should include adding pattern identification processes based on machine learning or adding sensor data in real-time to enhance spatial and time resolution in dynamic monitoring of resource systems (Zhang et al., 2022).

### CONCLUSION

Environmental physics is also important towards the development of sustainable methods of management of resources. The tools offered by environmental physics are important in enabling us to handle crucial environmental issues by providing us with knowledge on how the climate is changing, how ecosystems can remain robust, how land use is to be managed, how to make use of water resources and how to utilize data to make relevant decisions. By applying these concepts to our policies and decisions, we, in turn, can aspire to a more sustainable and resilient future when people

and nature can coexist in peace. The hope is yet to be seen in the aspect of environmental physics as the one that can yet bring us a sustainable and affluent community. It is also oriented toward interdisciplinary work and technologies.

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